

St. Catherine Elementary School

“As the father of breastfed children and an educator, I believe in the importance of supporting working mothers who choose to breastfeed. Our school provides a room, flexible scheduling, and strong administrative support.”

Ralph Dyrness, Principal

St. Catherine Elementary School is committed to removing obstacles for women who want to continue to breastfeed after returning to work. A room and flexible scheduling, as well as the option for education through the nurses at the district health department, are available.

Program Components:

Private Area to Express Milk:

We provide a small room with a comfortable chair and table.

Breastfeeding Equipment:

Employees are expected to provide their own lactation-related equipment and supplies.

Milk Expression Scheduling:

We provide flexible scheduling for teachers and staff to express milk.

Education:

Our employees have access to education through our district health unit. We plan on providing educational brochures.

Support:

Support from administration is invaluable.

Program Impact:

- High employee satisfaction

Contact:

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